LS-R01

RESTORE

FORMAT: Powder
SERVINGS: 30 Servings

SYS-LOGIC
REV: TP-LS-R01

SOURCE ::
APPROVED SFP



01 SLEEP INITIATION

L-TRYPTOPHAN 500 MG
Essential amino acid precursor involved in serotonin and melatonin biosynthesis pathways associated with sleep initiation.

TART CHERRY EXTRACT [10:1] 1,000 MG
Regulates circadian rhythm signalling and sleep quality.

MYO-INOSITOL 1,000 MG
Modulates neurotransmitter signalling associated with sleep quality and emotional regulation.

02 NEURAL DOWNREGULATION

L-THEANINE 300 MG
Promotes parasympathetic nervous system activity and reduces excessive neural excitation, facilitating the transition toward a relaxed pre-sleep state.

APIGENIN [98% HPLC] 200 MG
Flavonoid compound associated with GABAergic signalling that enhances nervous system calming and sleep readiness.

LEMON BALM EXTRACT [10:1] 300 MG
Botanical extract facilitating relaxation and nervous system downregulation through modulation of neurotransmitter signalling.

CHAMOMILE FLOWER POWDER 250 MG
Traditional botanical used to support relaxation and sleep readiness through mild GABAergic activity.

03 CORTISOL & STRESS MANAGEMENT

ASHWAGANDHA ROOT EXTRACT [STD. 5% WITHANOLIDES] 600 MG
Adaptogenic botanical regulating stress signalling and cortisol balance.

PHOSPHATIDYLSERINE [50% FROM SOYBEAN] 300 MG
Phospholipid involved in cellular signalling pathways associated with stress response and cortisol regulation.

L-ORNITHINE 400 MG
Amino acid associated with improved recovery from stress and fatigue through modulation of metabolic and stress signalling pathways.

04 RECOVERY

L-GLYCINE 3,000 MG
Amino acid involved in inhibitory neurotransmission and thermoregulation associated with improved sleep onset and sleep quality.

MAGNESIUM [FROM MAGNESIUM CITRATE] 300 MG
Essential mineral regulating neuromuscular relaxation and nervous system regulation during sleep.

ZINC [AS ZINC BISGLYCINATE CHELATE)] 15 MG
Trace mineral contributing to hormonal regulation and overnight recovery processes.

COPPER [AS COPPER BISGLYCINATE CHELATE] 1 MG
Trace mineral supporting enzymatic processes and maintaining physiological zinc–copper balance.

BIOPERINE® BLACK PEPPER EXTRACT [STD. TO 95% PIPERINE] 5 MG
Enhances gastrointestinal absorption of select nutrients.

PRODUCT CODE: LS-R01
PRODUCT NAME: Restore
SYSTEM CLASS: Class I
SYSTEM TYPE: Life Support Systems

ENDGAME
EG ENGINEERED SYSTEMS

SCOPE // INGREDIENT_LEVEL TECHNICAL OVERVIEW
MODE: INTERFACE
/rɪˈstɔː/ // ВОССТ リストア
ASSET TYPE // TECHNICAL POSTER