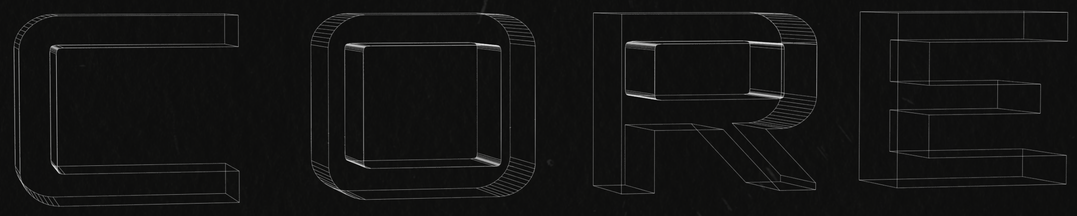
LS-C01

CORE

FORMAT: Powder
SERVINGS: 30 Servings
SCOOP WEIGHT: 19, 570mg

SYS-LOGIC
REV: TP-LS-C01-B-04

SOURCE ::
APPROVED SFP



01 FOUNDATIONAL SUPPORT MATRIX

VITAMIN C [ASCORBIC ACID]	500 MG
Enhances antioxidant defence and connective tissue maintenance.	
VITAMIN D3 [CHOLECALCIFEROL]	50 MCG
Supports immune signalling, hormonal balance and calcium regulation.	
VITAMIN K2 [MK-7, MENAQUINONE-7]	100 MCG
Directs calcium utilisation and supports cardiovascular and skeletal health.	
SELENIUM [L-SELENOMETHIONINE]	100 MCG
Required for antioxidant enzyme systems and thyroid hormone metabolism.	
BORON [BORON CITRATE]	5 MG
Regulates mineral metabolism and hormone regulation.	
CHROMIUM [CHROMIUM PICOLINATE]	200 MCG
Regulates glucose metabolism and insulin sensitivity.	

02 COGNITIVE & NERVOUS SYSTEM MATRIX

NIACIN [AS NIACINAMIDE]	10 MG
Supports NAD⁺ production and cellular energy metabolism.	
VITAMIN B5 [D-CALCIUM PANTOTHENATE]	10 MG
Required for synthesis of coenzyme-A and steroid hormones.	
VITAMIN B6 [PYRIDOXAL-5-PHOSPHATE]	10 MG
Active B6 form regulating neurotransmitter synthesis and amino acid metabolism.	
VITAMIN B7 [BIOTIN]	100 MCG
Regulates fatty acid metabolism and enzymatic function.	
FOLATE [L-5-METHYLTETRAHYDROFOLATE CALCIUM SALT]	150 MCG
Active folate form regulating methylation and DNA synthesis.	
VITAMIN B12 [METHYLCOBALAMIN]	50 MCG
Supports neurological function and red blood cell formation.	

03 PERFORMANCE & RECOVERY MATRIX

CREATINE MONOHYDRATE [200 MESH]	5,000 MG
Supports ATP regeneration and cellular energy availability.	
L-GLUTAMINE	3,000 MG
Supports gut integrity, immune demand and recovery processes.	
BETAINE ANHYDROUS [TRIMETHYLGLYCINE]	2,500 MG
Enhances cellular hydration and methylation pathways.	
TAURINE	1,000 MG
Regulates cellular fluid balance and neuromuscular signalling.	
N-ACETYL CYSTEINE [NAC]	600 MG
Precursor to glutathione enhancing antioxidant defence.	

04 MINERAL SUPPORT MATRIX

MAGNESIUM [FROM MAGNESIUM BISGLYCINATE CHELATE]	200 MG
Required for muscle function, nervous system signalling and energy production.	
ZINC [FROM ZINC BISGLYCINATE CHELATE]	15 MG
Supports immune function, hormone production and cellular repair processes.	

05 ABSORPTION & BIOAVAILABILITY MATRIX

ASTRAGIN® [PANAX NOTOGINSENG & ASTRAGALUS MEMBRANACEUS]	50 MG
Enhances intestinal absorption and uptake of key nutrients.	

PRODUCT CODE: LS-C01
PRODUCT NAME: Core
SYSTEM CLASS: Class I
SYSTEM TYPE: Life Support Systems

ENDGAME
ENGINEERED SYSTEMS

SCOPE // INGREDIENT_LEVEL TECHNICAL OVERVIEW
MODE: INTERFACE
/kɔ:/ // ядро コア
ASSET TYPE // TECHNICAL POSTER